

SCALLOWAY PRIMARY SCHOOL – SCHOOL MEALS MENU

Week Commencing	Monday 5 th September	Monday 12 th September	Monday 19 th September	Monday 26 th September
Monday	Chicken Fajitas Smoked Fishcakes Vegetable Pasta *** Creamed Rice & Fruit Cheese & Biscuits	Spanish Meatballs Chicken Chow Mein Vegetable Fingers *** Chocolate Sponge & Custard Yoghurts or Fresh Fruit	Homemade Mince Pie Baked Potatoes & Fillings Cauliflower & Cheese *** Chocolate Crispies & Custard Yoghurts or Fresh Fruit	Soup & Sandwich Selection Beef Olives Vegetable Risotto *** Sticky Toffee Pudding & Custard Yoghurts or Fresh Fruit
Tuesday	Homemade Rolls & Hotdogs Cheese Flan *** Ice Cream & Fruit Yoghurts or Fresh Fruit	Spaghetti Bolognaise Broccoli Quiche Sweet & Sour Chicken *** Ice Cream Pears & Choc Sauce Yoghurts or Fresh Fruit	Potato Hash Chinese Chicken Vegetable Pasta Bake *** Peach Melba Yoghurts or Fresh Fruit	Beef Lasagne Homemade Pizza Egg Cheese & Pineapple Salad *** Fresh Fruit Salad Yoghurts or Fresh Fruit
Wednesday	Roast Pork & Apple Sauce Beef Goulash Cheese & Egg Salads *** Iced Sponge & Custard Yoghurts or Fresh Fruit	Deep Fried Haddock Baked Potatoes & Fillings Ham Salads *** Fresh Fruit Selection Yoghurts	Ham & Pineapple Lamb Curry & Rice Macaroni Cheese *** Gingerbread & Custard Yoghurts or Fresh Fruit	Breaded Haddock Chicken Curry & Rice Vegetable Noodles *** Semolina & Fruit Yoghurts or Fresh Fruit
Thursday	Soup & Sandwich Selection Ham & Pineapple Vegetable Lasagne *** Carrot Cake & Custard Yoghurts or Fresh Fruit	Soup & Sandwich Selection Poached Salmon Italian Pasta Bake *** Mandarin Cheesecake Yoghurts or Fresh Fruit	Soup & Sandwich Selection Poached Salmon Homemade Vegetable Burgers *** Mandarin Cheesecake Yoghurts or Fresh Fruit	Chicken Fajitas Smoked Mackerel Vegetarian Salads *** Flapjack & Custard Yoghurts or Fresh Fruit
Friday	Deep Fried Haddock Chicken Salads Stir Fried Vegetable Noodles *** Fresh Fruit Selection Yoghurts	Roast Lamb Chicken Lasagne Sweet & Sour Vegetables *** Muffins & Milkshakes Yoghurts or Fresh Fruit	Deep Fried Haddock Chilli Con Carne Roasted Vegetables *** Fresh Fruit Selection Yoghurts	Roast Beef & Yorkshires Chicken Casserole Cheesy Pasta *** Ice Cream Jelly & Fruit Yoghurts or Fresh Fruit
Available Daily: Potatoes, Bread, Vegetables & Salads.				
Available Daily: Fresh Fruit, Yoghurts, Fruit Juice, Milk & Water				