

SCALLOWAY PRIMARY SCHOOL – SCHOOL MEALS MENU

| Week Commencing | Monday 3 rd October | Monday 24 th October | Monday 31 st October |
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| Monday | Pork Sausages Cheese or Smoked Mackerel Quiche Shepherds Pie *** Drizzled Sponge & Custard Yoghurts or Fresh Fruit | Savoury Mince Homemade Vegetable Flan Pork Stroganoff *** Chocolate Crispies Custard Yoghurts or Fresh Fruit | Soup Sandwich Selection Beef Olives Vegetable Risotto *** Halloween Cake & Custard Yoghurt or Fresh Fruit |
| Tuesday | Soup & Sandwich Selection Vegetable Fingers Braised Steak *** Fresh Fruit Selection Yoghurts | Potato Hash Sweet & Sour Chicken Vegetable Pasta Bake *** Fruit Squares & Ice Cream Yoghurt or Fresh Fruit | Chicken Fajitas Mince Cobbler Cheese Flan *** Flapjack & Custard Yoghurts or Fresh Fruit |
| Wednesday | Roast Chicken & Stuffing Lamb Curry & Rice Vegetable Noodles *** Ice Cream Pears & Chocolate Sauce Yoghurts or Fresh Fruit | Deep Fried Haddock Chilli Con Carne Roasted Vegetable Cous Cous *** Melon & Grapes Yoghurts | Roast Beef & Yorkshire Puddings Chicken Casserole Egg Cheese & Pineapple Salad *** Ice Cream Jelly & Fruit Yoghurts or Fresh Fruit |
| Thursday | Baked Potatoes & Fillings Smoked Fishcakes Broccoli Flan *** Homebakes & Milkshakes Yoghurts or Fresh Fruit | Soup & Sandwich Selection Poached Salmon Homemade Vegetable Burgers *** Homebakes & Milkshakes Yoghurts or Fresh Fruit | Spaghetti Bolognaise Smoked Mackerel Vegetable Lasagne *** Fresh Fruit Selection Yoghurts |
| Friday | Deep Fried Haddock Potato Hash Stuffed Peppers *** Mandarin Cheesecake Yoghurt or Fresh Fruit | Ham & Pineapple Chicken Curry & Rice Macaroni Cheese *** Gingerbread & Custard Yoghurts or Fresh Fruit | Deep Fried Haddock Pork Casserole Vegetable Noodles *** Creamed Rice & Pears Yoghurts or Fresh Fruit |

Available Daily: Potatoes, Bread, Vegetables & Salads.

Available Daily: Fresh Fruit, Yoghurts, Fruit Juice, Milk & Water

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