

SCALLOWAY PRIMARY SCHOOL – SCHOOL MEALS MENU 2012

Week Commencing	Monday 30 th January	Monday 6 th February	Monday 13 th February	Monday 20 th February
Monday	Pork Casserole Bacon or Vegetable Flan *** Rice Pudding & Mandarins Yoghurts or Fresh Fruit	Beef Mince with Vegetables Stir Fry Vegetable Noodles *** Lemon Sponge & Custard Yoghurts or Fresh Fruit	Pork Sausages Vegetable Curry *** Chocolate Sponge & Custard Yoghurts or Fresh Fruit	Lamb Shepherds Pie Vegetable Pasta Bake *** Sticky Toffee Pud & custard Yoghurts or Fresh Fruit
Tuesday	Macaroni Cheese Sweet & Sour Pork *** Flapjack & Custard Yoghurt or Fresh Fruit	Chicken Fajitas Broccoli Flan *** Ice Cream & Jelly Yoghurts or Fresh Fruit	Spaghetti Bolognese Mackerel Fishcakes *** Ice Cream & Fruit Yoghurts or Fresh Fruit	Chicken Spanish Style Vegetable Fingers *** Ice Cream Pears & Chocolate Sauce Yoghurts or Fresh Fruit
Wednesday	SCHOOL CLOSED HOLIDAY ***	Roast Pork & Apple Sauce Vegetable Risotto *** Angel Delight & Fruit Yoghurts or Fresh Fruit	Deep Fried Haddock Stuffed Peppers *** Apricot Oatbar & Custard Yoghurts or Fresh Fruit	Ham & Pineapple Vegetable Lasagne *** Home Bakes & Milkshakes Yoghurts or Fresh Fruit
Thursday	Baked Potatoes & Fillings Poached Salmon *** Fresh Fruit Selection Yoghurts	Macaroni Cheese Moroccan Lamb *** Fresh Fruit Selection Yoghurts	Soup & Sandwich Selection Braised Steak *** Fresh Fruit Selection Yoghurts	Homemade Rolls & Hotdogs Cheesy Pasta *** Fresh Fruit Selection Yoghurts
Friday	Roast Lamb Homemade Pizza *** Apple Crumble & Custard Yoghurts or Fresh Fruit	Deep Fried Haddock Vegetable Crumble *** Raisin Bar & Custard Yoghurts or Fresh Fruit	Roast Chicken & Stuffing Cheese flan *** Mandarin Cheesecake Yoghurts or Fresh Fruit	SCHOOL HOLIDAY NO LUNCH ***
Available Daily: Potatoes, Bread, Vegetables & Salads.				
Available Daily: Fresh Fruit, Yoghurts, Fruit Juice, Milk & Water				