

SCALLOWAY PRIMARY SCHOOL – SCHOOL MEALS MENU

Week Commencing	Monday 7 th November	Monday 14 th November	Monday 21 st November
Monday	Beef Olives Broccoli Flan Sweet & Sour Pork *** Bread & Butter Pudding & Custard Yoghurts or Fresh Fruit	Beef Stew & Dumplings Pizza Selection Smoked Mackerel *** Gingerbread & Custard Yoghurts or Fresh Fruit	Lamb Casserole Cheese Flan Beef Goulash *** Creamed Rice & Fruit Yoghurt or Fresh Fruit
Tuesday	Shepherds Pie Spanish Style Vegetables Homemade Chicken Goujons & Dipping Sauce *** Ice Cream & Fruit Yoghurts or Fresh Fruit	Homemade Soup & Filled Rolls Chicken Curry *** Muffins & Milkshakes Yoghurt or Fresh Fruit	Beef Lasagne Vegetable Curry *** Swiss Apple Charlotte Yoghurts or Fresh Fruit
Wednesday	Roast Pork & Apple Sauce Italian Pasta *** Chocolate Crispies & Custard Yoghurts or Fresh Fruit	Deep Fried Haddock Vegetable Crumble *** Drizzled Iced Sponge & Custard Yoghurts or Fresh Fruit	Roast Ham Spicy Chicken Fajitas Cauliflower Cheese *** Ice Cream & Fruit Yoghurts or Fresh Fruit
Thursday	Macaroni Cheese Salmon Salads Potato Hash *** Fresh Fruit Selection Yoghurts	Spaghetti Bolognaise Cheese & Tomato Flan *** Fresh Fruit Selection Yoghurts	Baked Potatoes & Fillings Minced Beef Chicken Stir Fry *** Fresh Fruit Selection Yoghurts
Friday	Deep Fried Haddock Vegetable Fingers Pork Stroganoff *** Jelly Whip & Fruit Yoghurt or Fresh Fruit	Roast Chicken & Stuffing Vegetable Bake *** Ice Cream Peaches & Melba Sauce Yoghurts or Fresh Fruit	Deep Fried Haddock Cheesy Pasta *** Pineapple Sponge & Custard Yoghurts or Fresh Fruit

Available Daily: Potatoes, Bread, Vegetables & Salads.

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Available Daily: Fresh Fruit, Yoghurts, Fruit Juice, Milk & Water