

Health & Wellbeing focus week 2013

As part of the Health & Wellbeing curriculum and one of our Eco Schools focus areas, we will be holding a Health & Wellbeing Focus Week from 25th to the 29th March.

**Dunna Chuck Bruck's
Walking Challenge**

LINE DANCING

**African & Samba
DRUMMING**

FOR P6/7

POSTAL MARKING

PLAY VAN

FIRE SAFETY

GARDENING

**SHETLAND
DANCING**

**FIRST
AID**

**RECYCLING
WORKSHOP**

**TEAM BUILDING
WITH BP**

Dance Mats

**Healthy breakfasts
with support from TESCO**

swimming gala

MAKING SMOOTHIES
By riding a bike!!!!
With support from the Co op.

During this week the pupils will have a variety of learning experiences around physical fitness, emotional wellbeing, healthy eating and people who help us. There are more activities to be added to the programme - look out for the photos!